



BREAST MILK PROCEDURE

Breast milk is a very special product. It provides a safe and excellent source of nutrition to your infant. Both the parents and Friends should follow the procedures below:

1. You must supply sterilized bottles or disposable nursery bags.
2. You can store your milk in a bottle or bag and refrigerate or freeze the milk. The bottle or bag should contain no more than the amount of milk the child would drink at one feeding. The milk must be labeled with the child's name, date and time collected.
3. The bottles or disposable bags must be brought to the center in a clean, insulated container which keeps the milk at 41 degrees F or below.
4. Fresh, refrigerated breast milk must be used within 48 hours of the time expressed. Frozen milk may be stored in a refrigerator freezer for 2 months or stored in a deep freezer at 0 degrees F for 3 months.
5. Frozen breast milk will be thawed as follows:
We will warm the milk in a bottle or nursery bag, whichever is provided, until it is the correct temperature for your infant to drink.
We will then place it in the bottle you provide and gently mix the milk to preserve its nutritional components.

Note: Once a bottle is fed to an infant, the remainder must be discarded and cannot be returned to the refrigerator.

PARENT AGREEMENT

I agree to provide my breast milk for my child in sterilized bottles or sterile nursery bags. I will store my milk in the appropriate serving size for my child. I take full responsibility for maintaining this milk at 45 degrees F or below during home storage and transport to the center.

Child's Name _____ Parent Signature _____ Date _____